



THANK YOU FOR CHOOSING MCLAREN GREATER LANSING FOR YOUR PET/CT SCAN. FOR YOUR CONVENIENCE, WE HAVE PREPARED THE FOLLOWING INFORMATION REGARDING YOUR PET/CT SCAN.

Prep Instructions

- Please eat high protein food 24 hours before your scheduled exam. This includes: eggs, bacon, red meat (steak, hamburger, pork chops, etc), broccoli, green beans. **NO** bread, pasta, rice, potatoes, cereal, oatmeal, fruit, fruit juice.
- Please do not eat 12 hours prior to your appointment unless your appointment is in the afternoon, and then eat a light high protein breakfast 6 hours before your scheduled exam.
- If you are severely claustrophobic, please ask your physician for medication.
- You may continue to take your medications. **Special instructions will be given to diabetic patients.**
- Please drink 40 to 48 ounces of water the day before the exam and drink approximately 1-2 glasses prior to your appointment.
- You will be asked to drink 1 cup of diluted oral contrast prior to the injection of FDG. This is similar to what you drink for Cat Scans.
- No strenuous activity 24 hours prior to the exam.
- For your comfort please wear loose fitting clothing such as a sweat suit, pants or shorts with elastic waist, etc. Please don't wear clothing with metal buttons or zippers.
- Please arrive 30 minutes before your scheduled exam time.
- You may resume normal activity after your exam.

Appointment Time	Appointment Date

If you need to reschedule the appointment, please call 517-975-2915. Please call by 11 am the day before your appointment date. Cancellation of appointment is necessary.

******PLEASE USE THE PATIENT ENTRANCE AND CHECK IN AT THE RADIOLOGY DEPT. AT THE END OF THE HALLWAY.*****